

Simulation models of gene with time-specific expression

We first modeled the age-dependent expression of a given gene. Its mean expression level, $f(x)$, as a function of age x , is described by a Gaussian function:

$$f(x) = A \exp\left(-\frac{(x - c)^2}{d}\right)$$

where A is the maximum expression amplitude, c is the age of peak expression, and d is a scale parameter controlling the width of the expression profile. This function approximates biological scenarios where gene activity is highest at a specific developmental stage.

We then assume that part of the genes with age-dependent expression are disease susceptibility genes. Each gene has at most k independent (LD $r^2 < 0.01$) disease susceptibility loci (sampling without replacement). These loci (m in total) collectively explain h_g^2 liability to a disease. An individual's liability for a disease, L , is a linear combination of the m loci weighted by w , plus an additional error term ϵ :

$$L = \sum_{t=1}^m w_t g_t + \epsilon$$

where $g_i \in \{0,1,2\}$ is the encoded genotype and the term ϵ represents environmental and unmodeled genetic factors, following a normal distribution $\epsilon \sim N(0, \sigma_\epsilon^2)$. Its variance, σ_ϵ^2 , is set to ensure that the total genetic component explains a target heritability of liability (h_g^2), such that $\sigma_\epsilon^2 = \text{Var}(\sum_{t=1}^m w_t g_t) \left(\frac{1}{h_g^2} - 1 \right)$. For simplicity, all the weights w_t were set to 1.

Disease status was determined using the liability-threshold model⁴⁸. Given a population prevalence K , individuals with a standardized liability L_x exceeding the corresponding threshold z (where $z = \Phi^{-1}(1 - K)$ and Φ^{-1} is the inverse normal cumulative distribution function) were classified as cases.